FUHUA
FRUGALITY AND HONESTY



RAISING RESPONSIBLE GAMERS

SAFTEY



RESPECT

SELF-CONTROL

ONLINE





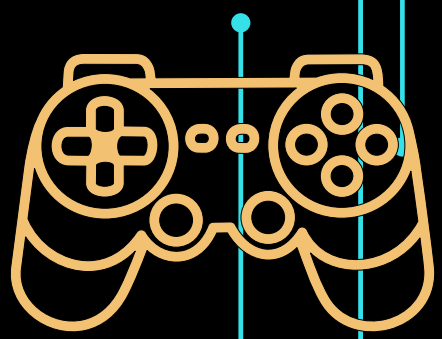
ONLINE GAMING IS MORE THAN JUST A GAME.

So, what can parents do?

- 💬 TALK
- 👂 LISTEN
- 🛡️ GUIDE
- ⏰ SET BOUNDARIES
- 🌱 TEACH GOOD CHOICES

Help your child game

SAFELY • RESPECTFULLY • RESPONSIBLY



FUHUA
FRUGALITY AND HONESTY

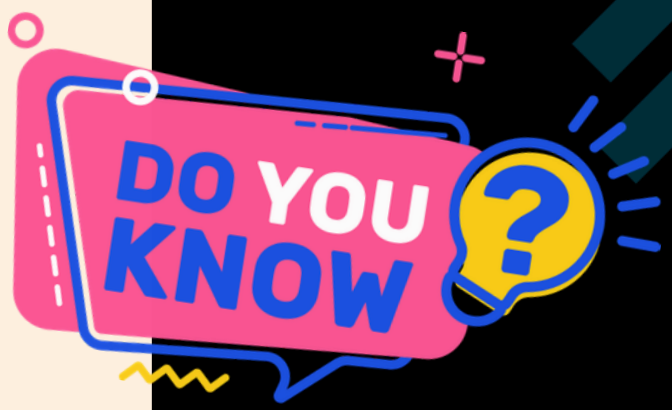
GAMING IS MORE THAN JUST A GAME

SENSE
CYBER WELLNESS PRINCIPLES
Respect for Self & Others
Safe & Responsible Use
Positive Peer Influence
THINK
ACT

🎮 MORE THAN JUST PLAYING

Online gaming can be a place to:

- 👥 Make friends
- 💬 Chat with others
- 🏆 Compete
- 🤝 Work as a team
- 😤 Deal with winning and losing





KNOW THEIR GAMING WORLD.

👨‍👩‍👧 PARENT TIPS:

Ask, don't assume.

Try asking:

- 💬 "Who do you play with?"
- 💬 "What do you enjoy about the game?"

FUHUA
FRUGALITY AND HONESTY

STAY SAFE ONLINE



TEACH YOUR CHILD TO:

- 🔒 Keep personal information private
- 👤 Be careful with strangers
- 🔗 Avoid suspicious links
- 🔑 Protect passwords
- 🚩 Speak up when something feels wrong







PLAY SAFE

👨‍👩‍👧 PARENT TIPS:

Ask, don't assume.

- ✔️ Check privacy settings together
- ✔️ Talk about online scams
- ✔️ Remind them: “You can always come to me.”

FUHUA
FRUGALITY AND HONESTY

PLAY WITH RESPECT



TEACH YOUR CHILD TO:



- 🤝 Respect others
- 🗣️ Use kind words
- 🚫 Don't bully or insult
- 🧠 Think before typing
- 🙅 Leave toxic conversations





BE A GOOD DIGITAL TEAMMATE

👨‍👩‍👧 PARENT TIPS:

Ask:

"Would you say this face-to-face?"

Teach them:

Pause → Think → Choose

FUHUA
FRUGALITY AND HONESTY

PLAY WITH SELF-CONTROL



TEACH YOUR CHILD TO:

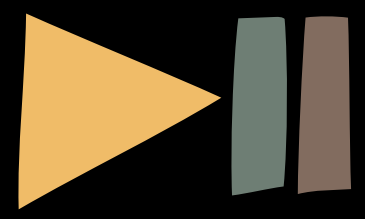
Recognize when they feel

- 😡 Angry
- 😤 Frustrated
- 😢 Stressed
- 🎉 Excited

learn to manage emotions and take breaks.



KNOW WHEN TO PAUSE





THE GOAL ISN'T "NO GAMING". IT'S LEARNING WHEN TO STOP.

👨‍👩‍👧 PARENT TIPS:

- ✔️ Set clear gaming times
- ✔️ Agree on when to stop
- ✔️ Take a break when emotions rise
- ✔️ Keep sleep and responsibilities a priority

FUHUA
FRUGALITY AND HONESTY

PARENTS' ROLE



5 THINGS PARENTS CAN DO

- 💬 Talk – Ask about their games
- 👂 Listen – Understand their experience
- ⏰ Set boundaries – Agree on clear rules
- 🌱 Teach – Turn mistakes into learning
- 👀 Model – Show healthy digital habits

REMEMBER!

- ☑ It's not just about how long they play.
- ☑ It's about how they play.
- ☑ Safe • Respectful • Responsible